

# LaVonne E. Couch, PT, DPT, EdD, CSCS

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LEADERSHIP | HIGHER EDUCATION | PHYSICAL THERAPY | STRENGTH / CONDITIONING

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## EXPERIENCE and EDUCATION

### CURRENT POSITION

**2020 (August 1 – present)**

**Temple University, College of Public Health, Department of Health and Rehabilitation Sciences**

**1301 Cecil B. Moore Avenue · Ritter Annex 629 · Philadelphia, PA 19122**

Assistant Professor of Instruction, Doctor of Physical Therapy Program

Director, Clinical Education, Doctor of Physical Therapy Program

- Coordination of the Clinical education component of the DPT program
- Course coordinator: Clinical Experience I, II, and III
- Instructor: Clinical Exam and Intervention Skills II and III, Clinical Electrophysiology and Biophysical Agents, Evidence-Based Practice III
- Skills tester: Clinical Exam and Intervention Skills I, II and III
- Support the program director with all initiatives related to the DPT program
- Awards/Scholarship Committee
- Professional Development Committee/DPT Student Association faculty advisor

**2020 (June 1 – July 31)**

**Temple University, College of Public Health, Department of Health and Rehabilitation Sciences**

**1301 Cecil B. Moore Avenue · Philadelphia, PA 19122**

Adjunct, Assistant Professor of Instruction, Doctor of Physical Therapy Program

- Adjunct instructor: Clinical Experience I

**2005 – present**

**Independent Coaching Concepts, LLC. · PO BOX 964 · Mt. Laurel, NJ 08054**

Title: Owner, CEO, presenter, consultant

Mission: To promote health, fitness, and wellness

Duties: Consultant, presenter, all day-to-day operations

### ACADEMIC HISTORY

2015 (May) – 2016 The College of St. Scholastica (CSS)

Doctor of Physical Therapy – Post-professional

Duluth, MN

August 2016

2015 (Jan-May) University of New England (UNE)

Doctor of Physical Therapy – Post-professional

Biddeford, ME

Transfer 2015

2002-2006 Wilmington University (WU)

Doctor of Education (EdD) in Educational Innovation and Leadership

New Castle, DE

May 2006

2000-2001 New Jersey Institute of Technology (NJIT) School of Management Newark, NJ

Master of Science in Management (M.S.M.) – The Executive Program

May 2001

1993-1996 Stockton University (Stockton)

Bachelor of Science (B.S.) in Physical Therapy

Galloway, NJ

August 1996

1987-1989 Burlington County College (BCC)

Associate of Science (A.S.) in Physics, Summa Cum Laude

Pemberton, NJ

May 1989

## TECHNICAL EDUCATION

1989                      Omega Institute  
Certificate of Completion, Major: Computer Technology

Cinnaminson, NJ

## LICENSURE INFORMATION

Physical Therapist, New Jersey State Professional PT License #40QA00694000

August 1996 – January 31, 2022

Physical Therapist, Commonwealth of Pennsylvania Professional PT License #PT015154

August 24, 2001 – December 31, 2022

Physical Therapist, Delaware State Professional PT License #J1-001819

December 2003 – January 31, 2023

## CERTIFICATIONS

LSVT BIG Certification BIGCHNJ0918-77

2018 – 2022

NSCA Certified Strength and Conditioning Specialist NSCA-CSCS #988110

1998 – present

APTA Credentialed Clinical Instructor

1998 – ongoing

International Weightlifting Association Certified Strength Training Specialist

2001 – 2007

International Weightlifting Association Certified Weight Trainer

1999 – 2007

American Heart Association BLS Certified

Exp. December 31, 2021

## PROFESSIONAL HISTORY (EDUCATION)

**2014 (July 1 ) – 2020 (August 26)**

**Rowan College of South Jersey (RCSJ) formerly Rowan College at Gloucester County (RCGC) · 1400 Tanyard Rd · Sewell, NJ 08080 · 856-415-2190**

Program Director/Instructor, Physical Therapist Assistant Program (July 1, 2014 – July 31, 2020)

Adjunct, Instructor, Physical Therapist Assistant Program (August 1, 2020 – August 26, 2020)

- Program and curriculum design and implementation.
- Consultation and design of program space and facilities.
- Curriculum content expert.
- Author of the program Application for Candidacy and all program accreditation reports.
- Successful accreditation of the Physical Therapist Assistant Program.
- All aspects of program planning, including development of policies, procedures and processes related to the PTA program.
- Management and mentorship of program faculty and staff.
- Management of program budget and granting opportunities.
- Chair of PTA program Advisory Committee.
- Representative on multiple institutional-wide college assembly committees and strategic planning subcommittee.
- Program marketing, promotion, and recruitment.
- Classroom and laboratory instruction.
- Student academic advisement, remediation and retention.
- Program, faculty, and student assessment, including formal outcomes reporting.

**2016, 2010**

**Harcum College · 750 Montgomery Avenue · Bryn Mawr, PA 19010**

Title: Adjunct Professor Physical Therapist Assistant Program

Duties: Course instructor *PTA 230 – Rehabilitation* – lecture and lab sections

Course instructor *PTA 231 – Rehabilitation Applications* – lecturer

## 2014 (April – May)

**Gloucester County College (nka RCSJ) · 1400 Tanyard Rd · Sewell, NJ 08080 · 856-415-2190**

Independent Consultant

- Liaison between the college and the CAPTE approved consultant in the development of a new physical therapist assistant program.
- All aspects of program planning: Program and curriculum design, Facilities design and consultation.
- Content expert for course creation.
- Initial preparation of accreditation application for candidacy.

## 2012- 2014 (June 30)

**Pennsylvania Institute of Technology · 800 Manchester Avenue · Media, PA 19063**

Academic Clinical Coordinator (ACCE) – Physical Therapist Assistant Program

- Curriculum design and implementation
- Course instructor for *Introduction to Health Care Management*
- Course coordinator and instructor for *Kinesiology*
- Course coordinator for technical education
- Coordinate student clinical affiliation experiences
- Student advising
- Knowledge of educational methodology and student assessment
- Institutional committee member
- Sole writer and editor for *Therapy Review* newsletter

## 2008–2010

**Stockton University · 101 Vera King Farris Drive · Galloway, NJ 08205-9441**

Title: Adjunct Professor Post-Professional Doctor of PT Program

Duties: Online course instructor for *Health Care in the 21<sup>st</sup> Century*.

## 2009-2014

**Mercer County Community College (West Windsor Campus) · 1200 Old Trenton Road · West Windsor, NJ 08550; P O Box 17202 · Trenton, NJ 08690**

Title: Assistant Professor (Adjunct) – Science and Health Professions division (Exercise Science program)

Duties: Instructor HPE 101 – Basic Concepts of Nutrition

## 2008 (January – August 2008)

**Mercer County Community College (West Windsor Campus) · 1200 Old Trenton Road · West Windsor, NJ 08550; P O Box 17202 · Trenton, NJ 08690**

Title: Interim Academic Coordinator of Clinical Education; Assistant Professor Physical Therapist Assistant Program

Duties: Course director, course instructor and lab instructor for *Kinesiology*, *PTA212 – PTA Clinic*, *Motor Development*, *Clinical Education II*, *Introduction to PTA*, *Therapeutic Measurement* and *Clinical Education III*; clinical skills competency tester; practical examiner; program participant advisement; curriculum reviewer; textbook reviewer; increased quantity and improved quality of clinical affiliation sites and contracts; improved objectivity of the clinical performance instrument; developed relationships with corporate and executive personnel of local and regional health systems; maintained a communication conduit between the PTA Program ACCE office and other allied health profession program clinical education coordinators' offices within the division; prepared and produced timely reports for the Program Coordinator and the Dean of Science and Health Profession division.

## 2006–2012

**Mercer County Community College (West Windsor Campus) · 1200 Old Trenton Road · West Windsor, NJ 08550; P O Box 17202 · Trenton, NJ 08690**

Title: Assistant Professor (Adjunct) – PTA Program

Duties: Clinical skills competency tester; practical examiner; course and lab instructor for *Introduction to PTA*, *Kinesiology*, *Pathology*, and *Therapeutic Measurement*; textbook review and recommendation; classroom and online/virtual instruction; prepare and produce timely reports for the Program Coordinator and the Dean of Science

and Health Profession division; contribute to development of the Program test bank; participate as member of the PTA Advisory Commission (Presidential appointment); student and graduate mentorship.

## PROFESSIONAL HISTORY (CLINICAL)

**2011- 2019**

**Moorestown Visiting Nurses Association · 300 Harper Drive · Moorestown, NJ 08057**

Title: Physical Therapist – weekend/per diem (2012-2019/open sabbatical)

Title: Physical Therapist – Full Time (2011-2012)

**2008-2011**

**Fox Rehabilitation · 7 Carnegie Plaza · Cherry Hill, NJ 08003**

Title: Physical Therapist – Full time, West New Jersey team

**2007-2008**

**The Wright Choice · 2106 New Road, Suite F7 · Linwood, NJ 08221**

Title: Physical Therapist – Contract

Assignments: Lourdes Specialty Hospital (LTACH), Willingboro, NJ

**2007 – 2008**

**General Healthcare Resources, Inc. · 261 Connecticut Drive · Burlington, NJ 08016**

Title: Physical Therapist – Contract, full time

Assignments: CareOne/South Jersey Healthcare Center, Camden, NJ; Magee Moss Outpatient, Voorhees, NJ; HCR Manorcare, Voorhees, NJ; CareOne Moorestown, NJ; Rehabilitation Excellence Center, Hainesport, NJ; Jewish Home for Rehab (Jewish Geriatric Center/AvistaCare) Cherry Hill, NJ; Millhouse Residential Health Care Center, Trenton, NJ; The Watermark at Logan Square East, Philadelphia, PA

**2006-2007**

**Fox Rehabilitation · 7 Carnegie Plaza · Cherry Hill, NJ 08003**

Title: Physical Therapist – Full time, East Pennsylvania team

**2006**

**Lourdes Medical Center of Burlington County · 218 Sunset Rd. · Willingboro, NJ 08046**

Title: Physical Therapist, Weekend/per diem

**2005 – 2006**

**Onward Healthcare, Inc. · 801 Kings Hwy North · Cherry Hill, NJ 08034**

Title: Physical Therapist – Contract, long term full time

Assignments: Robert Wood Johnson, Hamilton, NJ; Lourdes Medical Center Burlington County, Willingboro, NJ; Lourdes Specialty Hospital (Long Term Acute Care Hospital), Willingboro, NJ

**2002 – 2005**

**Horizon Blue Cross Blue Shield of New Jersey · 250 Century Parkway · Mount Laurel, NJ 08054**

Title: Utilization Management Physical Therapy Coordinator

Duties: Provision of authorization for incoming physical therapy requests for members with managed care product lines by the thorough collection of clinical information; performing professional review and investigation; to provide rehabilitation related in-services relevant to the Health Affairs Division.

**1997 – 2002**

**Deborah Heart and Lung Center · 200 Trenton Road · Browns Mills, NJ 08015**

Title: Physical Therapist - Full time; Compliance Work Group Member

Duties: Evaluation and treatment of hospital patients at bedside and as outpatients in the therapy gym; provide in-service and education to hospital clinical staff (physicians and other professionals); interim department meeting representative (during manager's temporary leaves of absence); rehab representative on medical floors during

JCAHO surveys; development of PT/PTA Clinical Education Program (not implemented); billing; supervision of PTAs and support staff.

**1996 – 1997**

**West Jersey Health System – Marlton Division (Presently, Virtua) · 90 Brick Rd. · Marlton, NJ 08053**

Title: Physical Therapist – Full Time

Duties: Evaluation and treatment of hospital patients at bedside, in the therapy gym, and as outpatients in the therapy gym; billing; supervision of PTAs and support staff; clinical supervision of PT and PTA students.

**1996**

**Mark Butler's Physical Therapy Center, PA (Presently, NovaCare Rehabilitation) · 128 Route 70, #2C · Medford, NJ 08055**

Title: Physical Therapist – Part Time, evenings

Duties: Evaluation and treatment of outpatient clients for land-based and aquatic therapy programs; billing, supervision of PTAs and support staff; clinical supervision of PT students.

### SCHOLARSHIP: RESEARCH ACTIVITY and PRESENTATIONS

- 2021 Oct 22 PT Moves Me: PTA at Temple University (virtual) for Upward Bound
- 2019 Oct 29 Wellness at Work Discussion Series: Moving PAST/PASS Pain, Rowan College of South Jersey
- 2019 (Jun 7-9) Co-presenter – The Teaching Professor Conference, New Orleans, LA. *Health Profession Educators: Mentoring from the Clinic to the Classroom*. Co-presenter: Jacki Klaczak Kopack, PT, DPT
- 2017 (October) RCGC Professional/Faculty Development Day – multiple presentations on assessment and outcomes within a PTA program
- 2009, April 2 Keynote speaker: *Commitment to the Profession Ceremony*  
The Richard Stockton College of NJ Doctor of Physical Therapy department
- 2007, Apr 21-22 Essentials of Strength Training and Conditioning Symposium  
Sponsor: National Strength and Conditioning Association – DE state chapter  
*Measurement and Evaluation*
- 2005, May 14 American Academy of Professional Coders Women's Conference  
*Attention Physically Active Girls and Young Women: The Female Athlete Triad*
- 2005, Apr 23-24 Certified Strength and Conditioning Specialist Symposium  
Sponsor: National Strength and Conditioning Association: *Measurement and Evaluation*
- 2005, Apr 10 Delaware Strength and Conditioning Association Youth Clinic  
*Injury Prevention of Our Young Athletes*
- 2005-2006 Author/Principal Investigator/Dissertation: *Attitudes of Health and Physical Education Teachers: Student Obesity and Educator Roles for its Amelioration*.
- 2004, Sept 11-12 Certified Strength and Conditioning Specialist and NSCA-Certified Personal Trainer Symposium  
Sponsor: National Strength and Conditioning Association  
*Measurement and Evaluation and Training Special Populations, Parts 1 & 2*
- 2004, May 8 American Academy of Professional Coders Women's Conference  
*Cumulative Trauma Disorders*
- 2004, April American Academy of Professional Coders – Garden State Chapter  
*Cumulative Trauma Disorders*

- 2003, Jan. 7     *Two Separate Disciplines: Physical and Occupational Therapy*  
 Sponsor: Horizon Blue Cross and Blue Shield of NJ (HBSBCNJ)  
 Co-presenter: Susan Mattio, MPT  
 Utilization Management Rounds, HBCBSNJ
- 2001, Feb 23     *Whirlpool and Wound Debridement*  
 Presented to Rehabilitative Services Department  
 Deborah Heart and Lung Center
- 1999 Sept.       *Just for Feet – The Difference between footwear*  
 Presented to RN staff – on each of 8 clinical floors  
 Deborah Heart and Lung Center
- 1998              *Rehabilitative Services: PT, OT and SLP*  
 Presented to Physician, RN and Allied Health Staff  
 Deborah Heart and Lung Center  
 Co-presenters: Debra Olenginski, PT and Brett Sanders, OTR
- 1998, 1999, 2001, 2002, 2004, 2005, May  
 Futures Unlimited Conference  
 Sponsor: Burlington County College  
 Topic: *Physical Therapy* and (2005) *Strength and Conditioning*

## SERVICE

### SERVICE TO THE PROFESSION

- 2015 (January-March) The Federation of State Boards of Physical Therapy Item-writer and guest Item-writing coordinator – New Hampshire Jurisprudence exam
- 2014 (Jun – July) The Federation of State Boards of Physical Therapy Item-writing coordinator – NJ state Jurisprudence exam
- 2013 (Jan) – 2015 (Dec) The Federation of State Boards of Physical Therapy Exam Development Committee – PTA; by appointment
- 2013 (Jun) – 2019 (Dec) FSBPT ProCert Continuing Competence Reviewer
- 2011 (Feb) – 2012 (Dec) The Federation of State Boards of Physical Therapy Item Writing Task Force; by appointment
- 2010 – 2011 (Sept 1, 2010 – Dec 31, 2011) The Federation of State Boards of Physical Therapy - Physical Therapist Assistant Practice Analysis Task Force; by appointment
- 2010 (Jul – Oct) The Federation of State Boards of Physical Therapy Item-Writer for Physical Therapist Assistant National Physical Therapy Examination.

### SERVICE TO THE UNIVERSITY/COLLEGE/SCHOOL

- 2021 Temple University Health and Rehabilitation Sciences Department Update Committee
- 2021 Temple University Recreation Therapy Program Director faculty search committee
- 2020 Temple University Exercise and Sport Science non-tenure faculty search committee
- 2020 RCSJ Strategic Planning Subcommittee (Finance / Operations)
- 2019 – 2020 Faculty advisor RCSJ Physical Rehab and Exercise Science Club
- 2019, June 28 – Interprofessional Education Conference Rowan School of Osteopathic Medicine
- 2019 – College Commencement – attendee
- 2019, March 18 Women in STEM Workshop Leader
- 2018 – 2019 Faculty advisor RCGC Physical Rehab and Exercise Science Club
- 2018 – 2020 RCGC/RCSJ Institutional Effectiveness Committee
- 2018 – RCGC Welcome Tent Volunteer September 5 & 6
- 2018, June 29 – Interprofessional Education Conference Rowan School of Osteopathic Medicine
- 2018 – College Commencement – attendee
- 2018, March 28 RCGC College Open House
- 2018, March 12 Women in STEM Workshop Leader

- 2018 & 2019, March RN Disaster Preparedness Seminar – Project Judge
- 2017, June 30 – Interprofessional Education Conference Rowan School of Osteopathic Medicine
- 2017 – College Commencement – attendee
- 2016 – 2018 and 2018 – 2020 RCGC/RCSJ Safety and Health Committee
- 2016 – College Commencement – volunteer and attendee
- 2015 – College Commencement – attendee
- 2015 – present (2020) AAWCC Membership Committee (RCGC/RCSJ)
- 2014 – 2018 RCGC Experiential Equivalency Oversight Committee
- 2012 – 2014 Pennsylvania Institute of Technology (P.I.T.): Safety Committee
- 2012 – 2014 P.I.T. PTA Steering Committee
- 2012 – 2014 P.I.T. Liaison: Academic Affairs, Social Media use in Education
- 2008 (Jan – Aug) Mercer County Community College: Division Curriculum and Textbook review Committee

## SERVICE TO THE COMMUNITY

- 2019 – 2021 Le Club II Condominium Association Board member
- 2014, 2015, 2016, 2017, 2018 AAWCC Fundraiser participant
- 1998, 1999 Participant, American Heart Assoc. Heartwalk, Deborah Heart and Lung Center
- 1997 Company Leader, American Heart Assoc. Heartwalk, West Jersey Hospital Marlton Division.

## AWARDS AND RECOGNITIONS

- 2019 Rowan College at Gloucester County Women’s Leadership Institute completion
- 2016 Outstanding Service Award (The Federation of State Boards of Physical Therapy)
- 2014 Academy of Advanced Item Writers (The Federation of State Boards of Physical Therapy)
- 1999 Deborah Heart and Lung October Employee Star
- 1996 West Jersey Hospital (Marlton Division) Employee monthly award – 2 awards
- 1989 Burlington County College Scholar Athlete
- 1988 Burlington County College Excellence in Political Science Award

## MEMBERSHIP IN PROFESSIONAL and ACADEMIC AFFILIATIONS

- 2020 Member, National Association of Black Physical Therapists
- 2014 Induction: The Federation of State Boards of Physical Therapy Academy of Advanced Item Writers
- 2014 (Jul) – 2020 (June) Member, American Association for Women in Community Colleges
- 2010 – 2020 Volunteer, Federation of State Boards of Physical Therapy
- 2005 - 2007 American Evaluation Association (AEA).
- 2002 - 2003 Member, Horizon Blue Cross Blue Shield of New Jersey Wound Care Committee.
- 2001 - 2011 National Association of Female Executives and Entrepreneurs.
- 2001 Induction: NJIT Sigma Chapter of Alpha Epsilon Lambda, National Honor Society of Graduate and Professional School Students
- 2000 - 2002 Member, Deborah Heart and Lung Center Compliance Work Group.
- 1996 – 2020 Member, National Strength and Conditioning Association
- 1994 – 2007, 2012 – 2018, 2019 – 2021 Member, American Physical Therapy Association.
  - 1994 – 2007 Member NJ APTA Chapter, sections on acute care, cardiovascular and pulmonary, research, health policy/administration, geriatrics and home health
  - 2012 – 2018 Member PA APTA Chapter, Associate NJ APTA Chapter, Section on Education
  - 2014 – 2018 Member NJ APTA Chapter, Sections on Education and Research
  - 2019 – 2021 Member NJ APTA Chapter, Academy of Physical Therapy Education, NJ state Sports PT SIG

## CONSULTATIVE and ADVISORY POSITIONS HELD

- 2019 Reviewer, Jones and Bartlett Learning, *Dreeben-Irimia's Introduction to Physical Therapy Practice for Physical Therapist Assistants*, 4<sup>th</sup> edition by Christina M. Barrett, credited
- 2018 – perpetual New Jersey National Strength and Conditioning Association Advisory Committee – Sage member
- 2014 – 2020 Member, Gloucester County Institute of Technology (GCIT high school) Academy of Allied Health and Medical Sciences Advisory Board

- 2014 – 2021 Chair, Rowan College at Gloucester County PTA program advisory committee
- 2014 (Apr 1 – May 31) Gloucester County College (Rowan College at Gloucester County) developing PTA program consultant
- 2012 (Jul) – 2014 (Jun 30) Co-chair, Pennsylvania Institute of Technology PTA Advisory Committee
- 2010 (Apr) – 2018 New Jersey National Strength and Conditioning Association Advisory Council
- 2008 – 2012 Mercer County Community College Physical Therapist Assistant Program Advisory Board
- 2005 – 2010 National Strength and Conditioning Association Delaware Chapter Executive Council member – advisor to Delaware State and Regional Directors
- 2002 – 2003 Member Horizon Blue Cross Blue Shield of New Jersey Wound Care Committee
- 2000 – 2002 Member Deborah Heart and Lung Center Compliance Work Group
- 1995 – 1996 Secretary (student), The Richard Stockton College of NJ Physical Therapy Club
- 1988 – 1989 Co-captain (student), Burlington County College Women's Tennis team